



Barstow Acres Children's Center
is proud to sponsor

Therapeutic Summer Day Camp 2020



Mission
We provide comprehensive mental health services and enrichment programs to at-risk children and families by highly trained, competent, compassionate, culturally diverse and client-centered staff.

Value Statement
To create a program that is innovative, progressive and outcome-based with a child and family focus.

- Services Provided***
- Individual, Family and Group Therapy
 - Social Skills Groups
 - Self-Esteem Group
 - Art & Play Therapy
 - Mentoring
 - Parenting Classes
 - Parent Workshops
 - Annual Parent Empowerment Conference

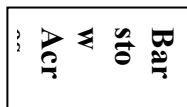
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June 15 - July 10, 2020



Purpose

To provide a therapeutic, supportive environment for children who are struggling with adjusting. Children with ADHD, anxiety, and behavior challenges benefit from this therapeutic camp experience. They are taught coping skills and encouraged to take responsibility for their behavior, while receiving feedback & support from their peers and staff.

Description

Day program to help children with behavior and socio-emotional problems develop and improve pro-social behaviors. Children are helped to identify deficits and set goals for themselves.

Schedule

Monday - Friday from 9:00 am - 4:00 pm
Before and after care available at additional cost.

Ages

5-13 year old boys and girls

Cost/Funding

\$225 per week, per child. In addition, behavioral health insurance will be billed for therapies. Partial scholarships may be available. One-time, non-refundable \$50.00 registration fee required. Bag lunch needed daily.

Group Sessions

The focus of group includes anger management, social skills, friendship and self-esteem. Goal setting will be held at the beginning of each day and Wrap-Up sessions will take place at the end of each day.



Games

Therapeutic games are played for coordination, concentration, and for fun. The games include card games, basketball, hockey, baseball, water games, volleyball, and many more.

Yoga

Children will participate in a yoga class that will teach centering, balancing, relaxation, and meditation.



Therapeutic Art Activities

Children need to express their feelings to be heard without interruption, and to understand the sometimes-confusing world. Often children need help in understanding why and how things have happened. Most children enjoy painting and drawing in a relaxed atmosphere.



Other Activities

Team Building Exercises, Storytelling, Brain Gym, Swimming



Sandtray

The children will be able to choose among miniatures of all sorts and have a different way of expressing their feelings.



Arts/Crafts

Several days throughout the week the children will have the opportunity to participate in making art projects.



Field Trips

Ann Marie Gardens
Hallowing Point Park
Navy Recreation Center
Bowling & More...

